

Bureau of Land Management - www.blm.gov



The Official Land Patent Records Site. This site has a searchable database of more than two million Federal land

title records for Eastern Public Land States, issued 1820-1908, including scanned images of those records indexing the initial transfer of land titles from the Federal government to individuals.

World Vital Records.com - www.worldvitalrecords.com



A collection of various court, land, and probate records. Membership is required, but is free at Family History Centers.

Public Records Online - www.netronline.com



Links to available state & county Tax Assessors' and Recorders' offices. Online public records may include copies of deeds,

parcel maps, GIS maps, tax data, ownership information and indexes. Some Recorders' offices have marriage and birth records available online.

Tracing Your Medical Heritage

A Useful Tool in Your Life

Tracing one's medical heritage is gaining more interest for people everywhere. What runs in your family? Long life? Twins? Blue eyes? Curly hair? Large nose?



Perfect health? Cancer? Heart disease? Many of the factors that determine your health today were inherited from your ancestors. For some people, the answers to these questions can literally be a matter of life and death.

For example, what if both of your parents died of heart disease or cancer and you pieced together a medical family history that showed deadly cancers or heart disease going back several generations on both your mother's and father's lines. Or perhaps some of your family lived long active lives well into their 90s, and it was not unusual on another side of your family for some to pass away in their 60s. Why the difference? What caused their deaths? Are there common health characteristics in family lines? What does this mean to you and your descendants?

The information on your medical pedigree can show doctors not only what to look for, but exactly where to look, and may help provide preventive treatment to save your life. Experts say that about 3,000 of the 10,000 known diseases have genetic links, and that many diseases "run in families," including colon cancer, heart disease, diabetes, alcoholism and high blood pressure. Creating a family health history can be a useful tool to aid you and your health care provider in interpreting patterns of health, illness and genetic traits for you and your descendants.

Family Health History: Medical Genealogy

Learn how to get started creating your own medical family tree to help determine your genetic predisposition to certain diseases, genetic traits and more. Trace your family's medical history and become better informed about health conditions that may affect your own health and that of your loved ones with help from these websites:

<http://genealogy.about.com/cs/healthhistory>
www.cyndislist.com/dna.htm
www.dcn.davis.ca.us/~vctinney/medical.htm